

Does Your Preteen's Seat Belt Fit Right?

Seat belts are designed to spread the impact of a crash across the sturdiest parts of the body. A bad fit could make the seat belt less effective and boosts the risk of injury.

Make sure your preteen knows:

- The shoulder strap is for shoulders only. Never put the shoulder belt under the arm or behind the back.
- Never share a seat belt. Tell your preteen you will always come get them if there aren't enough seat belts in a car.
- Treat unused seat belts like any cord. Do not play with seat belts.

How a seat belt should be worn:



All children under 13 should ride in a back seat.

Be sure the shoulder belt lies on the shoulder or collarbone.

Be sure the lap belt lies on the upper legs or thighs/hips.



Click with your Preteen
Help your preteen buckle up. For life.

